

Cigna Telehealth Connection

Participants can access two telehealth services as part of their medical plan—Amwell and MDLIVE. The telehealth services provided through Cigna Telehealth Connection give you access to U.S. board-certified doctors, 24 hours a day, 7 days a week, through the convenience of video chat or phone—all for the same copay as an in-network doctor's visit.

A telehealth visit is less expensive than an emergency room or urgent care facility visit and telehealth doctors can treat many medical conditions, including cold and flu, allergies, sore throat, headache, stomach ache, skin problems, acne and more! For just a \$35 copay per visit, you can:

- Talk to an Amwell or MDLIVE doctor anytime, anywhere you happen to be.
- Receive quality care.
- Get prompt treatment (the median call back time is 10 minutes).
- Access a network of doctors that can treat every member of your family.
- Have your prescriptions sent to the pharmacy of your choice, if medically necessary.

You will need to pay your \$35 copay at the time of your call and you can do so using a credit card or debit card.

Getting Started

Set up and create an account with Amwell or MDLIVE or both today so you'll be ready to use a telehealth service when and where you need it. You can do so by phone or online:

- www.AmwellforCigna.com (or call 855-667-9722);
- www.MDLIVEforCigna.com (or call 888-726-3171); or
- www.Cignabehavioral.com for Behavioral Health telehealth

Once your account is set up, request a consult anytime you need care.

Amwell and MDLIVE are only available for medical visits. For covered services related to mental health and substance abuse, you have access to the Cigna Behavioral Health network of providers. Go to cignabehavioral.com to search for a video telehealth specialist. Call to make an appointment with your selected provider. Telehealth visits with Cigna Behavioral Health network providers cost the same as an in-network office visit.